



# Balinese Dance



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- Bali is a province of Indonesia that includes the Island of Bali and neighboring islands. The majority of the people in Bali (83%) practice Balinese Hinduism.
- Bali is famous for cultural arts, particularly for dance. UNESCO recognizes Balinese dance as an intangible cultural heritage in three genres, classified by purpose. Some dances are considered sacred (Wali), some are semi-sacred (Bebali) and others are for entertainment or social events (Balih-Balihan).
- Many Balinese dances tell stories and legends of their people. Balinese dances are often connected to ceremonies and rituals .
- Balinese dances also use nature and the surrounding environment as inspiration. Vibrant, colorful costumes combine with movements that are precise, dynamic, and expressive.
- Balinese dancers learn to dance from a young age. There are many different variations based on which teacher trains the dancer and what part of Bali they come from.

[Source:](#)

<http://www.balimusicanddance.com/about-us/dance>



# Learn to Dance

Get up and get moving! Follow the tutorial and learn the basics of Balinese dance!

