



Game: Tumbang Preso

Image courtesy of Pinoy Fitness, source [here](#)

Tumbang Preso

“Tumbang Preso” otherwise known as “Kick the Can” is a common traditional game played in the Philippines

This game is somewhat similar to tag

Many kids learn how to play this game growing up, either playing this at school or after school with friends or family at home



Short clips of kids playing Tumbang Preso

What you need:

A empty can (soda can, soup can, etc.)

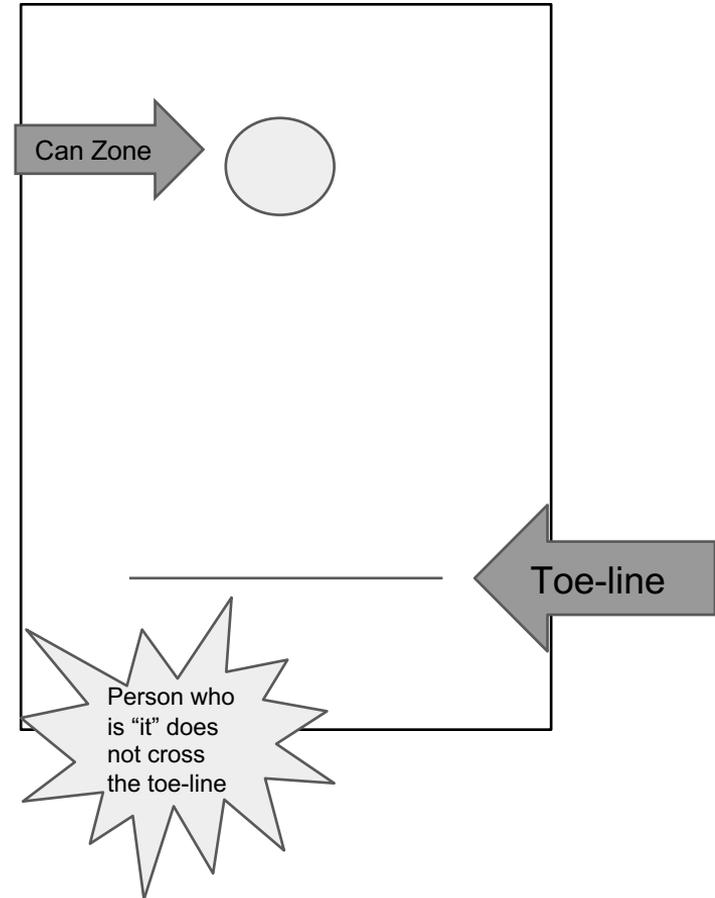
Chalk (tape or a rock works as well, just something that can be used to mark areas)

Slipper/Sandal/Flip-Flops (any of these options work)

At least 2 players

How to setup the game

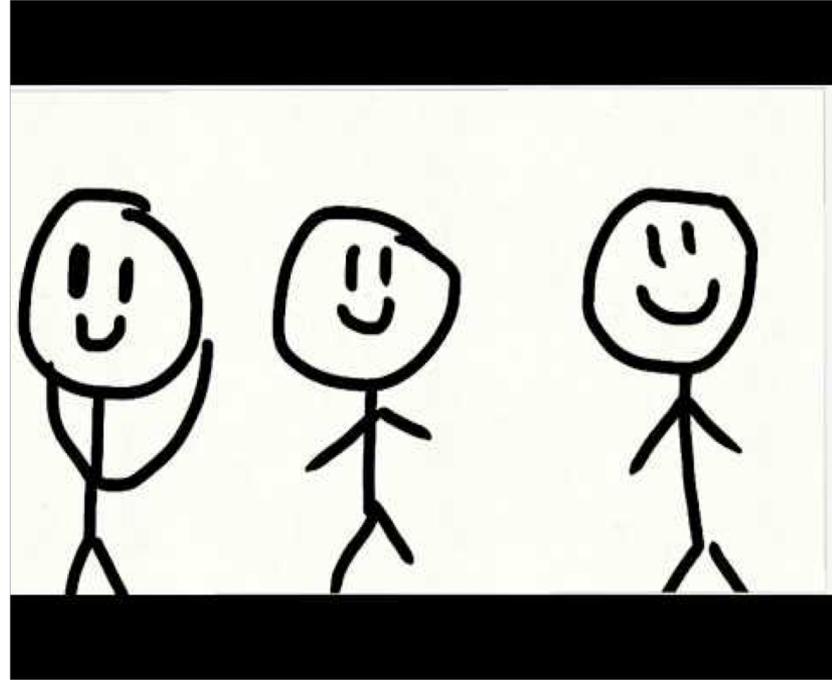
- ❖ First you need to make the “playing field” place your empty can down wherever and draw a circle around the can, this can be called the “can zone”
- ❖ Then walk about 7ft (2 meters or so) away from the circle and draw a straight line, this is called the “toe-line”
- ❖ In Tumbang Preso there are the hitters (people who stand behind the toe-line and try to knock the can down with their slipper) and the person who is “It” (they stay by the can zone and try to tag the hitters once they cross the toe-line to retrieve their slipper)



How to Play

Rules

1. To determine who is “It” first players can stand by the can and toss their slippers as close to the toe-line as possible, the person who’s slipper is farthest is “it” (you can also determine this by other means such as rock, paper, scissors, etc.)
2. Once you have determined who is “it” the hitters will line up behind the toe-line
3. Then the hitters will start trying to knock down the can with their slippers
4. After they toss their slipper they must cross the toe-line to retrieve their slipper
5. The person who is “it” can only tag the hitters once they have crossed the toe-line and have touched their slipper
6. Additionally if the can is knocked out of the can zone the person who is “It” must place the can back into the can zone before they can tag any of the hitters
7. Also the person who is “it” cannot try to block the hitter’s slippers from hitting the can



A basic reference video on how to play Tumbang Preso

And that's it!

Have fun playing tumbang preso outdoors with your family or friends!

(Please note that the rules that I have listed are mixture of the different variations of Tumbang Preso that I have found and that there are many different ways to play the game!)

Links to all the original videos here: [Adults Playing Tumbang Preso](#)
[Kids Playing Tumbang Preso](#) & [Basic Reference Video](#)



A fun short film of adults playing Tumbang Preso