



# Introduction to the Philippines

WHAT DO YOU ALREADY KNOW ABOUT THE PHILIPPINES?  
WHAT DO YOU WANT TO LEARN?

What I Know

What I Want to Know

What I Learned

# Location & Geography



Banaue Rice Terraces. Image Source: [Here](#)

# Location

- A South East Asia island country in the western Pacific Ocean.
  - An island country is a country made up of one or more islands and surrounded by water
  - The Philippines consists of more than 7,000 islands, and is one of the largest archipelagos in the world. As a result it is divided into 3 island groups: Luzon, the Visayas, and Mindanao.
- The capital of the Philippines is Manila.
  - For four centuries Manila has been the main city for development and trade
- Looking at the map what are some of the Philippines closest neighbors?



Map of Indonesia. Image Source: [Here](#)

# Geography

- The Philippines has a very tropical climate, ranging from wet and dry due to monsoon season. While seasons and temperature remain constant through the region, the west is markedly drier than the east region of the country.
- The islands range from having many mountains , plains, forests, and volcanic regions.
  - This combined with the costals regions of the country offer a beautiful contrast to the scenery and landscape.
- Try looking up some famous places in the Philippines and picking out some places you'd like to see!



Taytay, Palawan island, Philippines (top) Mount Apo, Mindanao island, Philippines (below) Image Source: [Here](#)

# History



Tagalog Couple depiction  
circa 1595  
Image Source:  
[Here](#)



Colección de trages de  
Manila tanto antiguos  
como modernos  
depiction circa 1827-  
1832  
Image Source: [Here](#)



# History Continued



# Language

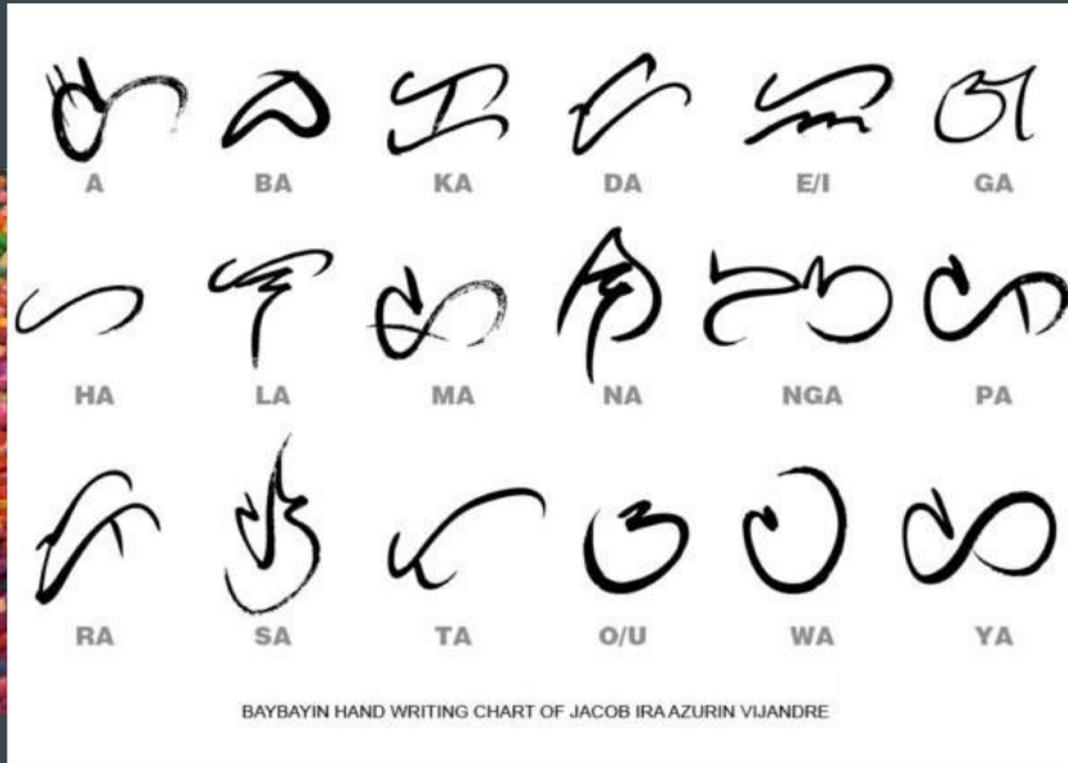


Image Source: [Here](#)

# Language

- There are around 150 native dialects and languages in the Philippines.
- The official languages of the Philippines is Pilipino (also known as Filipino) and English
  - Filipino gets many of its influences from the Tagalog language.
- The most commonly spoken language in the Philippines is Tagalog
- Before Spanish colonization the written language that was most commonly used was the baybayin (shown in the slide before)
  - During the 1930s the abakada was created by Lope K. Santos to convey the Tagalog language



Aa	Bb	Cc	Dd
/ey/	/bi/	/si/	/di/
Ee	Ff	Gg	Hh
/i/	/ef/	/dzi/	/eyts/
li	Jj	Kk	Ll
/ay/	/dzey/	/key/	/el/
Mm	Nn	Nñ	NG ng
/em/	/en/	/enye/	/endzi/
Oo	Pp	Qq	Rr
/o/	/pi	/kyu/	/ar/
Ss	Tt	Uu	Vv
/es/	/ti/	/yu/	/vi/
Ww	Xx	Yy	Zz
/dobol-yu/	/eks/	/way/	/zi/

The Abakada  
Image Source: [Here](#)

# Language Practice

- Here's a video to learn some basic Filipino phrases!



# Food



Pinakbet (Cooked Vegetable mixture with bagoong, shrimp or fish paste, with a side of rice)

Image Source: [Here](#)



Pancit Malabon (thick rice noodles with a shrimp sauce)

Image Source: [Here](#)

# Filipino Food

- Filipino food consists of many steamed or boiled dishes.
- Rice is a staple food, eaten steamed or in other forms such as rice noodles and rice cakes.
- Being an island country surrounded by water, seafood such as shrimp and fish is a huge part of the Filipino diet.
- A variety of fruits and vegetables are also a must in Filipino food, as the country is known for its production of coconut, papaya, and mangosteen.
- Look up some Filipino dishes and see if there's anything you want to try!



[Kutsinta](#), a sweet Filipino dessert made from rice flour and brown sugar (top) [Kinilaw](#) a Filipino appetizer made with raw fish and vinegar (bottom)

# Clothing



Image Source: [Here](#)



Image Source: [Here](#)



Image Source: [Here](#)

# Filipino Clothing

## Barong tagalog

- Also known as the “national dress”
  - The barong is typically made from a thin material and is embroidered
- It is worn for formal occasions.
  - There are more casual barong for informal events
- More commonly worn by men, however there are barong tagalog for women as well



Barong

## Terno

- It is also known as the Maria Clara gown, Fillipina gown, or mestiza dress
- It is a floor length gown that is typically worn in formal settings.
- The gown also stands out by it's butterfly sleeves and beautiful delicate embroidery



More modern terno dress

# Malong

- The Malong is a very vibrant woven cloth that is usually in a rectangle or tube shape. It is traditionally used by both men and women as garments tied around the body, with designs varying by ethnic group.
- It is more commonly found in the Mindanao region and in some areas of the Sulu archipelago.
- They are made of silk for more formal occasions and cotton for everyday use and were usually handmade.
  - In the past the color yellow on a malong signified that you were royalty.
- Here's a video of a Filipino Folk dance called the Kappa Malong Malong using the malong!



# Holidays



Celebration during Philippine Independence Day

Image Source: [Here](#)

Families visiting gravesites  
and remembering loved ones  
on All Saint's Day  
Image Source: [Here](#)

# Popular Filipino Holidays

- The Philippines has over 12 national holidays
- They separate holidays into 2 groups for the most part, regular holidays and special (non-working) holidays
- Some of the major holidays are:
  - Independence Day on June 12.
    - The Philippines declared independence against Spanish rule in 1898.
  - All Saint's Day,
    - Due to the influence of Catholicism this holiday is celebrated on November 1st.
  - Eid'l Fitr
    - Along with the large Christian population, there is also a large Filipino Muslim population. The date for this holiday varies, this year it was celebrated May 24th.



Filipino Muslims at the Pink Mosque  
celebrating Eid'l Fitr  
Image Source: [Here](#)



## Family Discussion Questions

Which part of the Philippines would you want to visit and why?

What type of Filipino food would you want to try?

Is there a type of clothing you want to try wearing?

Does Filipino sound similar to any other languages you know?

# References

- [Holidays in the Philippines](#)
  - [Independence Day](#)
- [Clothing](#)
- [Island Nations](#)
- [Philippines Overview](#)
- [Food](#)
- [History](#)
- [Baybayin](#)
- [Modern Filipino](#)
- [Alphabet](#)

