

## Exploration in Culture, Language and Movements

By: Dance of Asian America

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00-9:30am	Warm-up/ Stretch	Warm-up/ Stretch	Warm-up/ Stretch	Warm-up/ Stretch	Warm-up/ Stretch
9:30-10:15am	Dance: Ballet	Dance: Chinese folk dance	Dance: Jazz	Dance: Modern	Dance: Chinese Classical dance
10:15-10:30am	Water Break and gather supplies for next class	Water Break and gather supplies for next class	Water Break and gather supplies for next class	Water Break and gather supplies for ne	Water Break and gather supplies for next class
10:30-11:30pm	Chinese language: Greetings and write your name	Language: Learning counting to 100 and numbers game	Language: Chinese calligraphy and Strokes	Culture: Chinese Customs	Culture: Various Chinese foods
11:30-12:45pm	Lunch	Lunch	Lunch	Lunch	Lunch
12:45-1:30pm	Arts/Crafts: Jasmine Flowers	Culture: Animals in Chinese Culture	Arts/Crafts: Chinese New Year	Language: Basic Chinese conversation	Geography: Important Cities in China
1:30-2:15pm	Language: Learn Chinese words to Jasmine Flowers Song	Arts/Crafts: Panda with Bamboo Art	Culture: Chinese Holidays vs American Holidays	Arts/Crafts: Chinese Papercutting	Chinese Story Telling
2:15-3:00pm	Dance: Jasmines Chinese Classical Dance	Dance: Dai Bamboo Dance	Dance: Chinese Lantern Dance	Dance: Chinese Papercutting Dance	Dance: Salsa