**STAR Interviewing Worksheet**

What “behavioral” interview question do you want to answer?

Use the STAR method to answer your question (type/write your response to the right):

| **S**  **Situation**  Set the scene and give the necessary details of your example. |  |
| --- | --- |
| **T**  **Task**  Describe what your responsibility was in the situation. |  |
| **A**  **Action**  Explain exactly what steps you took to address it. |  |
| **R**  **Result**  Share what outcomes your actions achieved. |  |